



- Teachers will post work for the week on Mondays. You may decide to start each week on Tuesdays based on this fact.
- It may be helpful to tackle one class per day (For example- do Chem on Mondays, English on Tuesdays, etc).
- Focus on harder classes earlier in the week when you're the most focused.
- Focus on current assignments before zeros.
- Take regular breaks/exercise.
- Find a "Defined" Learning Space to complete your work.
- Reach out for help from your teachers - check for their "Office Hours" and class meetings to get support.

[illegible]